

west
knits

BOOK ONE



POGONA

BY STEPHEN WEST

POGONA

This unique top down shawl is ideal for draping across your shoulders with its arched shape. Several locations of increases provide extra fabric that beautifully gathers when worn like a scarf. The simple stitch patterns are ideal for showcasing a variety of yarns from solid to variegated.

Finished Measurements: 15.5" / 38cm from CO edge along center st to BO.
58" / 147cm wingspan along edge stitches. Measurements taken after blocking.

Yarn: Fingering weight

Yardage: 380yds / 347m

Shown in: Hedgehog Fibres Merino / Cashmere (80% Merino / 20% Cashmere;
382yds / 350m per 100g skein)

Colorway: Rusty Nail

Needles: 32" US 6 / 4mm circular needle

Notions: 20 stitch markers, tapestry needle

Gauge: 22 sts = 4" / 10cm in stockinette stitch



INSTRUCTIONS

CO 3 sts. K6 rows.

At the end of last row, do not turn to work other side, rotate piece 90 degrees clockwise so that you are looking at the long side of the garter rectangle. Pick up and k3 sts (in the purl bump of each garter ridge). Rotate piece another 90 degrees. Pick up and k3 sts along the cast on (CO) edge. Turn to work WS row.

Set Up Row 1 (WS): K3, k1, p1(cs), k1, k3.

Set Up Row 2 (RS): K3, yo, p1, pm, M1R, pm, k1(cs), pm, M1L, pm, p1, yo, k3.

Set Up Row 3 (WS): K3, yo, k2, p3, k2, yo k3.

Next Row (RS): K3, yo, p to m, slm, k to m, M1R, slm, k1(cs), slm, M1L, k to m, slm, p to last 3 sts, yo, k3.

Next Row (WS): K3, yo, k to m, slm, p to m, slm, p1(cs), slm, p to m, slm, k to last 3 sts, yo, k3.

Repeat last 2 rows until work measures 3" / 7.5cm from CO edge (measured along cs), ending with WS row.

Next Row (RS): K3, yo, p1, pm, M1R, pm, k1, pm, M1L, pm, p to m, slm, k to m, M1R, slm, k1(cs), slm, M1L, k to m, slm, p to last 5 sts, pm, M1R, pm, k1, pm, M1L, pm, p1, yo, k3.

Next Row (WS): K3, yo, (k to m, slm, p to m, slm, p1, slm, p to m, slm) 3 times, k to last 3 sts, yo, k3.

Next Row (RS): K3, yo, (p to m, slm, k to m, M1R, slm, k1, slm, M1L, k to m, slm) 3 times, p to last 3 sts, yo, k3.

Next Row (WS): K3, yo, (k to m, slm, p to m, slm, p1, slm, p to m, slm) 3 times, k to last 3 sts, yo, k3.

Repeat last 2 rows until work measures 6" / 15cm from CO edge (measured along cs), ending with WS row.

Next Row (RS): K3, yo, p1, pm, M1R, pm, k1, pm, M1L, pm, (p to m, slm, k to m, M1R, slm, k1, slm, M1L, k to m, slm) 3 times, p to last 5 sts, pm, M1R, pm, k1, pm, M1L, pm, p1, yo, k3.

Next Row (WS): K3, yo, (k to m, slm, p to m, slm, p1, slm, p to m, slm) 5 times, k to last 3 sts, yo, k3.

Next Row (RS): K3, yo, (p to m, slm, k to m, M1R, slm, k1, slm, M1L, k to m, slm) 5 times, p to last 3 sts, yo, k3.

Next Row (WS): K3, yo, (k to m, slm, p to m, slm, p1, slm, p to m, slm) 5 times, k to last 3 sts, yo, k3.

Repeat last 2 rows until work measures 14" / 35.5cm from CO edge (measured along cs), ending with WS row.

Next Row (RS): K3, yo, (k to m, slm, k to m, M1R, slm, k1, slm, M1L, k to m, slm) 5 times, k to last 3 sts, yo, k3.

Next Row (WS): K3, yo, (k to m, slm, k to m, slm, k1, slm, k to m, slm) 5 times, k to last 3 sts, yo, k3.

Repeat last 2 rows 2 more times, ending with WS row.

FINISHING

BO all sts loosely as follows, (k2tog tbl, slip the st back to left needle) to end of row. Break yarn and weave in ends. Block the shawl with blocking wires for straight edges.

BO: bind off

C2B: (cable two back) sl1 st to cable needle and hold in back of work, k next st, k1 from cable needle

C2F: (cable two front) sl1 st to cable needle and hold in front of work, k next st, k1 from cable needle

C4B: (cable four back) sl2 sts to cable needle and hold in back of work, k2 sts, k2 from cable needle

C4F: (cable four front) sl2 sts to cable needle and hold in front of work, k2 sts, k2 from cable needle

C16B: (cable 16 back) sl8 sts to cable needle and hold in back of work, (k2, p2) twice, (k2, p2) twice from cable needle

C16F: (cable 16 front) sl8 sts to cable needle and hold in front of work, (k2, p2) twice, (k2, p2) twice from cable needle

CO: cast on

cs: center stitch

DPNS: double pointed needles

k: knit

k2tog: knit two together

k3tog: knit three together

kfb: knit into front and back of stitch

m: marker

M1L: (make one left) with left needle, lift strand between sts from the front, knit through the back loop

M1R: (make one right) with left needle, lift strand between sts from the back, knit through the front loop

p: purl

pm: place marker

rnd/s: round/s

RS: right side

sl: slip, slipped stitches are slipped purl-wise

slm: slip marker

ssk: slip slip knit

st/s: stitch/es

tbl: through back loop

WS: wrong side

wyib: with yarn in back

wyif: with yarn in front

xA(over or under)B: cross color A strand over or under color B

xB(over or under)A: cross color B stand over or under color A

yo: yarn over

Work a yarn over from a knit stitch to a purl stitch as follows. After the knit stitch, the working yarn will be in back. Purl the next stitch without bringing yarn to front or wrapping it around the needle. A strand of yarn will automatically come over the right needle, making the yarn over. When you come back to that yarn over on the following row it will be mounted so that you need to knit it through the back loop.

This knit-to-purl yarn over feels awkward at first, but will be a suitable match to your knit-to-knit and purl-to-knit yarn overs and will rescue your edge from becoming sloppy and loose.

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"Pogona" is one of eight patterns from Westknits Book One, featuring Stephen West's popular design style. Known for his ability to beautifully showcase yarns and color, Stephen combines simple stitch patterns with clever shapes to create accessories that are a joy for both men and women to knit and to wear.

Stephen West is a designer currently based in Amsterdam, studying dance while knitting and dreaming up new designs constantly. He is so excited to share this first book of knitting patterns with you!

